

A WEEKEND OF LANGUAGE AND CULTURE



Indulge in French Elegance: A Ladies' Weekend Retreat!



4-8 MARCH 2026

This is your experience — and we want you to enjoy it to the fullest!

If there's anything you'd prefer not to do, that's absolutely fine — your comfort and enjoyment come first.

With two dedicated team members on hand throughout, we're always ready to adapt the activities to suit your preferences, or suggest relaxing alternatives for you to enjoy in your own time.

This unique programme has been personally designed by **Nathalie and Valérie**, two experienced and passionate French coaches who have worked together for over 10 years.

They truly understand the lifestyle, needs, and learning styles of their language students, and have carefully crafted every element of the experience **with you** in mind — **blending cultural discovery, personal growth, and plenty of joy** along the way.

Nathalie, who was born and raised in the Jura region, shares her time between the UK and France. When in France, she lives right in Lons-le-Saunier, and she's proud to welcome you to the area she calls home.

You'll be welcomed not just as a visitor, but as a friend — and everything you experience will be 100% authentic, local, and full of heart.



We promise that all planned activities will take place, though the agenda may vary slightly depending on weather conditions or unforeseen circumstances. We'll always adapt to ensure you have the best experience possible.

Agenda

Pre-Start – Wednesday, 4 March

Departure from London Heathrow

We'll meet at London Heathrow, Terminal 5, for our 6:15 PM British Airways flight to Lyon, France.

Please plan to arrive at check-in by 4:30 PM to allow time for a smooth and relaxed departure.

Arrival in France & Transfer

We'll land in Lyon at 9:00 PM, where a comfortable private transfer will be waiting to take us to Lons-le-Saunier – a scenic journey of just over an hour.

' SIT BACK, RELAX, AND GET READY TO SETTLE INTO YOUR FRENCH ADVENTURE!'



Agenda

Day 1 – Thursday, 5 March

- **Café Culture** – Enjoy a coffee or aperitif on a sunny café terrace, followed by a stroll through the vibrant local market.
- **Lunch** – A reserved table awaits you at a charming brasserie in the heart of Lons-le-Saunier.
- **Cooking Class** – Get hands-on at La Maison de la Vache qui Rit, where French culinary tradition meets creativity.
- **Networking Soirée** – Wrap up the day at our lively Franco-British Evening, perfect for making new connections over drinks and conversation.

'A DAY OF FRENCH FLAVOURS & CULTURE'



Agenda

Day 2 – Friday, 6 March

- **French Lessons** at the VICI Loft
Begin your day with an interactive and enjoyable French class in our cosy, inspiring loft space.
- **Light Buffet Lunch** – Relax and refuel with a delicious, locally-sourced buffet.
- **Nordic Walking & Lake Vouglans** – Discover the beauty of nature with an energising walk along the stunning shores of Lake Vouglans.
- **Rest & Refresh** – Take a short break to recharge before the evening's delights.
- **VIP Shopping Experience** – Enjoy exclusive access and personal attention in two charming, independent local boutiques – a perfect blend of French flair and fashion!



'A DAY OF FRENCH LANGUAGE, NATURE & STYLE'



Agenda

Day 3 – Saturday, 7 March

- **Morning French Classes** – Start your day with dynamic and engaging lessons designed to boost your confidence and connection to the French language.
- **Wine Tasting** – Discover the region's finest flavours with a tasting at Nathalie's favourite local winemaker – a true hidden gem!
- **Visit to Dole** – Wander the charming streets of Dole, the picturesque birthplace of Louis Pasteur, and soak in its rich history and beauty.
- **Comté Cheese Experience** – Tour a traditional Comté cheese cooperative, then indulge in a delicious dinner at a local cheese bar – a must for any cheese lover!



'A DAY OF FRENCH LANGUAGE & LOCAL LIFE'



Agenda

Day 4 – Sunday, 8 March



- **Morning Yoga Session** – Begin your day with gentle movement and mindfulness to set a positive tone.
- **French Classes** – Continue with inspiring French lessons tailored to help you connect with the language and culture.
- **Gastronomic Lunch in Château-Chalon** – Indulge in a refined dining experience in one of France's most picturesque villages, followed by a scenic walk through its charming streets and breathtaking views.
- **Return Journey** – A peaceful drive back to the airport, full of memories and moments to treasure.



‘A PERFECT CONCLUSION TO YOUR IMMERSIVE FRENCH EXPERIENCE’



A Short Yet Intensive French Language Retreat

This immersive retreat is designed to benefit learners from upper beginner to advanced level – *ideally from A2 through to B1 and beyond*. Whether you're gaining confidence or refining fluency, this experience is tailored to meet you where you are and help you grow.

You'll be **fully immersed in French** throughout the weekend – *from structured lessons to local tours, aperitifs, and even our VIP shopping evening*. It's a complete experience of **living the language**.

Each lesson focuses on functional, **real-life French**, directly linked to the day's activities. From ordering at a restaurant to chatting with local artisans, everything is designed to be practical and immediately useful.

This retreat guarantees a rich and rewarding learning experience – ideal for learners with a solid foundation who are ready to deepen their skills, expand vocabulary, and build lasting confidence in using French in the real world.

What do A2 and B1 levels mean?

A2 (Upper Beginner): You can use basic everyday expressions, ask and answer simple questions, and participate in short conversations.

B1 (Intermediate): You can handle everyday conversations, understand the main points in clear communication, and navigate common travel situations in French-speaking environments.

You'll be supported throughout by **two experienced French coaches**, always on hand to adapt to your level and help you get the most out of every moment.

What Our Guests Say...



Real stories from past retreat participants:

“Just had four days away on a French retreat in the Jura region. Absolutely brilliant! Lovely group and really good teaching. I feel it’s really improved my confidence in French. Nathalie organised a fantastic itinerary full of variety and interest. I would go again – and hope to do so! The school truly cares about its students. Highly recommend.”

– ***Rebecca Creedy-Smith***

“We’ve just returned from a wonderful trip with the VICI team to France. From start to finish, it was an immersive experience – living and breathing the French way of life, with fun and interesting lessons to match. I loved every minute. Huge thanks to Nathalie, Joséphine, Valérie and the whole team for working so hard to help us learn.”

– ***Joanne Leray***

“Just back from a four-day intensive French course in the Jura. A great mix of structured instruction and natural conversation, with a varied and engaging schedule – and some delicious food! It was a lovely group and Nathalie and Valérie were fantastic teachers. I got home and found myself thinking in French the next morning!”

– ***Jane Connor***

What's Included?

Everything is taken care of – so you can simply relax, learn, and enjoy the experience.

- **Return flights** from London Heathrow to Lyon
- **Private transfers** to and from the retreat (Lyon airport to Lons-le-Saunier)
- **All transportation** during your stay in France
- **Hotel accommodation**, including daily breakfast
- **Daily French lessons** focused on real-life communication
- **Cooking class** at La Maison de la Vache qui Rit
- **Wine tasting** with a local winemaker
- **VIP shopping evening** at two hand-picked independent boutiques
- **Yoga session** to start the day with balance and energy
- **Nordic walking** around the stunning Lake Vouglans
- All scheduled cultural and language-based activities
- **Two dedicated team members** on-site at all times for personalised assistance
- **VICI Members:** £1,195 (until 30/11/25), £1,240 after 30/11/25, price may vary after 20/12/25
- **Non-Members:** £1,320 (until 30/11/25), £1,365 after 30/11/25, price may vary after 20/12/25



An Exclusive Invitation...

*This retreat is limited to **just 10 ladies**, ensuring an intimate, personalised experience where each guest receives dedicated attention and support.*

With only a few spaces available, this promises to be a truly special getaway – combining language, culture, and connection in the heart of authentic France.

We would be absolutely delighted to share this unforgettable journey with you.

**À très bientôt,
Valérie & Nathalie**



**For more information or to book your place,
please contact us at ndanon@thevici.com**

